

Generationology LLC

Leadership and Professional Development Workshops – FY 2025

List of Virtual and In-Person Leadership and Professional Development Workshops:



At Generationology LLC, we are proud to offer *60 dynamic, interactive leadership and professional development workshops designed specifically for the federal workplace*. Whether delivered virtually from our state-of-the-art Generationology Presentation Studio in Arvada, Colorado, or in-person at your location of choice, these workshops are built to engage participants, spark reflection, and provide actionable strategies to improve workplace collaboration, leadership, and productivity.

Our workshops are specifically designed to meet the unique and evolving needs of career federal employees and the agencies they serve, particularly during periods of transition such as the start of a new administration. We understand that these pivotal times require adaptive leadership and targeted professional development to ensure federal leaders and teams have the skills needed to achieve mission success. Whether supporting new leaders, federal executives, or intergenerational teams, our participant-centered workshops provide fresh, relevant content and a strategic delivery approach. By fostering growth, enhancing communication, and empowering collaboration, our programs prepare federal employees to navigate change effectively and thrive in an ever-evolving federal workplace.

Here is a list of our 60 workshops – if you have questions, want workshop write ups, or want to make an immediate booking, call or text us at 303-569-6143 or send an email to jeff@generationology.org

<i>Intended Audience</i>	<i>Name of Course</i>
All Employees	Across Generations - Learning to Lead, Listen, and Work Together
All Employees	Navigating Change: Thriving During a Federal Leadership Transition
Executives and Leaders	Winning Workforce Support and Buy-In During Times of Change or Transition
All Employees	Unleashing Collaborative Excellence in a Remote or Hybrid Federal Workplace

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Executives and Leaders	“Unlocking the Power of We” – Building and Sustaining High Performing Teams
Executives and Leaders	"Championing Support: Strategies for Empowering Others in the Workplace"
All Employees	How to Give, Receive, Solicit, and Experience Precision Feedback
All Employees	Fostering Civility and Camaraderie: Building a Respectful and Connected Workplace
All Employees	“The Currency of Trust” – How to Value, Build, Invest and Spend It
All Employees	Self-Regulation and Self-Care for Federal Leaders and Employees
Executives and Leaders	Practicing the Art of Intergenerational Engagement and Managing Intergenerational Change
All Employees	How to Practice and Promote Team Psychological Safety in the Workplace
All Employees	"Permission to Reset" - How to Overcome Self Criticism, Doubt, and Fear
All Employees	“A Letter to my Younger Self” – How to Lead through Introspection and Self Reflection.
All Employees	Enhancing Online and In-Person Presentation and Briefing Skills
All Employees	"Thriving Together” - Connecting and Collaborating in a Remote Federal Workplace
New Leaders	Leadership Skills for the Younger Boss – How to Motivate and Sheppard Near Peers, Experienced Workers, and the Next Generation of Leaders
All Employees	“Starting things Off Right” – Understanding and Practicing Onboarding Fundamentals in the Hybrid Federal Workplace
All Employees	“Reposition that Mirror” – How to Envision and Reflect the Habits, Behaviors, and Systems of a Rising Federal Leader
All Employees	"Mentoring That Works" - Improving the Individual and Organizational Mentoring Experience in Government
Executives and Leaders	Experiencing Transition Excellence – How to Move from Individual Contributor to Leader
All Employees	How to Validate, Establish, Practice, and Experience New and Emerging Remote, Hybrid, and In-Person Workplace Norms
All Employees	Improving Workplace Relations and Communications

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All Employees	How to Prepare for Career Advancement and Greater Job Satisfaction through Self Discipline and Habit Formation
Executives and Leaders	Leading and Managing Across Generations in Government
Executives and Leaders	How to Practice the Art of Tenderness and Apology
All Employees	Enhancing Your Collaborative Intelligence – How to Work with People Who Don't Think Like You
All Employees	Working Across Generations
All Employees	Workplace Communication Foundations - Building Trust and Collaboration
Executives and Leaders	How to Become a Trusted Intergenerational Leader
All Employees	"Getting to Know Me" - How to Complete and Enhance Your 2025 Skills Inventory
Executives and Leaders	"The Humble Leader" - How Humble Leaders Lead, Grow, and Connect with Employees
All Employees	"Unleashing the Leader Within" – How to Unlock and Unleash Your Leadership Capacity
Executives and Leaders	Communication Foundations for Current and Emerging Federal Leaders
New Leaders	"Building Leadership Excellence" for New Government Leaders
Executives	Enhancing Executive Leadership in Government
All Employees	"Unleashing the Power of Intergenerational Communication" - What You Say Shapes Connections
All Employees	"Own Your Career from Line Employee to Executive" - Creating Effective Individual Development Plans and Career Paths
All Employees	How to Increase Your Confidence
Executives and Leaders	Coaching Employees through the Creation and Development of Actionable Individual Development Plans
New Leaders	"Winning at Work" – Leadership Cheat Codes for the Gifted and Talented
All Employees	Setting and Achieving Personal and Professional Goals

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Executives & Leaders	How to Improve Your Federal Employee Viewpoint Survey Scores (FEVS)
All Employees	How to Become a Next-Level Listener and Communicator
All Employees	How to Build and Advance a Social Media Presence and Keep Your Government Job
New Leaders	Equipping the New Leader
Executives and Leaders	How to Create and Care for a Workforce of Purpose on Purpose
All Employees	How to Improve the Sharing of Ideas, Respect, and Trust Between Leaders and Employees and the Performance Management Experience
All Employees	“The Present of Presence” – How to Increase Your Effectiveness in a Virtual Environment through Improved Presence and Presentations
All Employees	"Strengthening Connections" - Fostering Team Cohesion in Virtual and Hybrid Federal Workplace
All Employees	Flourishing in the New Virtual and Blended Federal Workplace
Executives and Leaders	Strategic Communications for Federal Leaders and Leadership Teams
All Employees	“The Power of Pivot” – How to Identify, Own, and Execute Pivots of Work and Life
All Employees	How to Experience the Dance of Opportunity and Effective Leadership
All Employees	How to Deliver Exceptional Customer Service in the Federal Government
All Employees	How to Improve Morale, Engagement, Performance Management, and Productivity Post a Rapid Change or Significant Change
Executives and Leaders	The Art of Inclusive Multigenerational Leadership
All Employees	“Do Something” – How to Set Personal and Professional Goals that will Advance Your Career in the Federal Workplace
All Employees	Mentoring Within and Across Diverse Groups in Government
All Employees	Developing Your Leadership Energy – How to Identify, Build, and Unleash Your Leadership Energy and Become the Most Positive, Present, and Engaged Person in the Room

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Why Choose Generationology?

- **Expert-Led:** All of our workshops are facilitated by former federal leaders who bring firsthand experience and a deep understanding of what it takes to succeed in government. Each facilitator has years of leadership and professional development expertise, coupled with real-world insights from navigating the unique challenges of the federal workplace. Their comprehensive knowledge of federal systems, agency culture, and evolving workforce dynamics ensures that every session is relevant, impactful, and designed to resonate with participants at all levels.
- **Interactive Format:** As a federal employee, you are not just an attendee—you are seen, heard, and valued as an active participant in every session. Our workshops are thoughtfully designed to foster engagement and collaboration, incorporating dynamic activities such as large and small group discussions, thought-provoking case studies, and practical exercises tailored to reflect real scenarios from the federal workplace. This immersive approach supports meaningful personal and professional growth, providing you with the space to reflect on your experiences, share insights with peers, and apply what you learn directly to your role in service of your agency's mission.
- **Flexible Delivery:** We offer both **virtual and in-person delivery** options to accommodate your team's preferences and logistical needs. Whether your team joins us online from multiple locations or we meet you in person at your workplace, our workshops are designed to deliver the same high level of engagement, interactivity, and results. Our virtual sessions are facilitated through **state-of-the-art technology**, ensuring a seamless, dynamic learning experience, while in-person sessions bring the energy and connection of face-to-face collaboration.
- **Proven Impact:** In FY 2024, we proudly partnered with over 60 federal agencies and clients, helping to enhance the federal workplace by equipping tens of thousands of career federal employees with the skills they need to flourish. Our workshops consistently earned glowing reviews of 4.5 or higher, and the heartfelt emails and messages of gratitude we receive reflect the transformative impact of our efforts. As we look ahead to FY 2025, we are excited to expand our services, providing even more engaging, results-driven experiences that empower federal teams, strengthen leadership capabilities, and inspire meaningful growth across agencies.

Next Steps:

We'd love to partner with you to identify the workshops that best align with your team's unique goals and needs. Our team is ready to help you make the right selections to empower your workforce, enhance collaboration, and drive meaningful growth.

Contact Us - Phone or Text: 303-569-6143 | Email: Jeff@generationology.org

CALL or TEXT:

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COMPLETE INTEREST FORM:

[Interest Form](#)